

Nordic Ski

2020 All-State Academic Awards

Minnesota State High School Coaches Association



Robb Lageson
President - St Paul Central

Denny Nelson
Secretary - Coon Rapids

Rich Heilman
Treasurer - Lakeville Schools

REQUIREMENTS

Individual All-State Award

- Head Coach is member of MSHSCA
- Senior on the Section Team
- GPA of 3.9 or greater

Team All-State Award

- Head Coach is member of MSHSCA
- Gold Award: average GPA of 3.75 or above
- Silver Award: average GPA of 3.50-3.74

mshsca.org/nordicskiing

GOLD Award Boys Teams

Anoka High School
Bemidji High School
Brainerd
Breck
Chan-CHASKA StormHawks
Cloquet - Esko - Carlton
Coon Rapids
Eden Prairie
Ely
Hastings
Irondale High School
Lakeville
Little Falls High School
Maple Grove Senior High
Marshall School, Duluth
Minneapolis Roosevelt/South
Minneapolis Southwest
Minnehaha Academy

Minnetonka High School
Moorhead High School
Mora
Northfield
Park Center Senior High
Robbinsdale Cooper High School
Roseville Area High School
Sartell / St. Cloud Cathedral
Simley High School
Spring Lake Park/St Anthony
St Louis Park
St. Paul Highland Park
Stillwater Area High School
Washburn
Wayzata
White Bear Lake
Winona/Cotter

SILVER Award Boys Teams

Armstrong High School
Blaine High School
Bloomington Jefferson
Duluth East
Edina High School
Elk River/Zimmerman
Holy Family Catholic High School
Mesabi East Area Nordic
Mound Westonka
Mounds Park Academy
Osseo Senior High
Prior Lake High School
St. Cloud Apollo/Sauk Rapids-Rice
St. Paul Central
Tartan High School

GOLD Award Girls Teams

Alexandria	Minneapolis Southwest
Anoka High School	Minnehaha Academy
Armstrong High School	Minnetonka High School
Bemidji High School	Moorhead High School
Blaine High School	Mora
Bloomington Jefferson	Mound Westonka High School
Brainerd	Mounds Park Academy
Breck	Northfield
Chan-Chaska StormHawks	Osseo Senior High
Convent of the Visitation	Prior Lake High School
Coon Rapids	Rogers
Duluth East	Roseville Area High School
Eden Prairie	Saint Cloud Apollo/Sauk Rapids-Rice
Edina High School	Sartell / St. Cloud Cathedral
Ely	Simley High School
Forest Lake	Spring Lake Park/St Anthony
Hastings	St Louis Park
Holy Family Catholic High School	St. Paul Central
Irondale High School	St. Paul Highland Park
Lakeville	Stillwater Area High School
Little Falls High School	Tartan High School
Maple Grove Senior High	Washburn
Marshall School, Duluth	Wayzata
Mesabi East Area Nordic	White Bear Lake
Minneapolis Roosevelt/South	

SILVER Award Girls Teams

Elk River/Zimmerman
Park Center Senior High
Willmar
Winona/Cotter

Boys All-State Academic

Bloomington Jefferson	Colden Longley
Eden Prairie	Nile Timmerman
Edina High School	Case Winter
Ely	Nate Nettifee
Ely	Ethan Bremner
Ely	Raif Olson
Lakeville	Ben Drangstveit
Lakeville	Wyatt Hall
Lakeville	Eli Pickit
Lakeville	Doug Swenson
Little Falls High School	Thomas Zupko
Maple Grove Senior High	Sam Fjellman
Marshall School, Duluth	Peyton Marshak
Mesabi East Area Nordic	Kevin Heikkila
Minneapolis Roosevelt/South	Cass Carl
Minneapolis Roosevelt/South	Ethan Peterson
Minneapolis Southwest	Jacob Rochell-Share
Minnetonka High School	Julian Calder
Moorhead High School	Jack Lee
Park Center Senior High	Joel Nathe
Robbinsdale Cooper High School	Evelyn Villalobos
Roseville Area High School	Aran Koob
Sartell / St. Cloud Cathedral	Zachary Nemeth
Sartell / St. Cloud Cathedral	William Nemeth
Simley High School	Grant Dilla
Simley High School	Carter Bollman
St Louis Park	Rakesh Plantz
St. Paul Highland Park	Oliver Paleen
Tartan High School	Tristan Pawlenty
Washburn	Isaac Lowenthal Walsh
Washburn	Per Alexander
White Bear Lake	Isaac Maruyama
Willmar	Daniel Halvorson
Winona/Cotter	Jonas Trombetta
Winona/Cotter	Ryan Meyer
Winona/Cotter	Kole Koehler

Girls All-State Academic

Alexandria	Bethany Miller
Simley High School	Catie Thoemke
Anoka High School	Kathryn Lambert
Armstrong High School	Olivia Foli
Bemidji High School	Gwendoline Youso
Bloomington Jefferson	Megan Narveson
Brainerd	Sarah Nesheim
Brainerd	Callie Knapp
Breck	Rachel Gunderson
Chan-Chaska StormHawks	Lily Halvorson
Chan-Chaska StormHawks	Grade Stroh
Convent of the Visitation	Clare Pryor
Convent of the Visitation	Elizabeth Weber
Duluth East	Gretchen Haggemiller
Duluth East	Clara Kramer
Duluth East	Maj-Lis Helmer
Duluth East	Kathryn Kirby
Edina High School	Morgan Richter
Edina High School	Claire Wagner
Edina High School	Heidi Engman
Ely	Brooke Pasmick
Ely	Kalyssa Eilrich
Ely	Ana Bercher
Holy Family Catholic High School	Ella Haley
Irondale High School	Iva Hammitt-Kess
Irondale High School	Laura Hardwick
Lakeville	Brianne Brewster
Lakeville	Annika Emerson
Little Falls High School	Adrienne Kresha
Little Falls High School	Camilla Johnson
Little Falls High School	Claire Zack
Maple Grove Senior High	Grace Collier
Maple Grove Senior High	Lauren Tillman
Marshall School, Duluth	Emma Stattelman
Mesabi East Area Nordic	Anna Greenlee
Minnetonka High School	Anna Wander
Mora	Johanna Schwinghamer

Mora	Gen Woods
Mora	Lily Peterson
Mora	Abby Szoka
Mound Westonka High School	Kate McGown
Mounds Park Academy	Izzy George
Northfield	Katie Schroeer
Northfield	Celine Falcon-Geist
Northfield	Caroline Peterson
Northfield	Allison Goodell
Osseo Senior High	Camille Corneia
Osseo Senior High	Hannah Wetzel
Park Center Senior High	Tegan MacMurdo
Park Center Senior High	Brooke Bierbaum
Sartell / St. Cloud Cathedral	Lydia Anderson
St. Paul Central	Kaia Hilgendorf-Roost
St. Paul Central	Hanna Saveraid
St. Paul Highland Park	Caroline Harding
Stillwater Area High School	Libby Tuttle
Stillwater Area High School	Sydney Peterson
Washburn	Phoebe Schwartz
Washburn	Ella Endo
Wayzata	Claire Parham
White Bear Lake	Marta Stefanoni
Winona/Cotter	Anni Skillicorn
Winona/Cotter	Marissa Lindaman