

Nordic Ski

2019 All-State Academic Awards

Minnesota State High School Coaches Association



Robb Lageson
President - St Paul Central

Denny Nelson
Secretary - Coon Rapids

Rich Heilman
Treasurer - Lakeville Schools

REQUIREMENTS

Individual All-State Award

- Head Coach is member of MSHSCA
- Senior on the Section Team
- GPA of 3.9 or greater

Team All-State Award

- Head Coach is member of MSHSCA
- Gold Award: average GPA of 3.75 or above
- Silver Award: average GPA of 3.50-3.74

GOLD Award Boys Teams

Brainerd
Champlin Park
Eden Prairie
Elk River/Zimmerman
Ely Memorial
Irondale
Lakeville North
Maple Grove
Marshall School, Duluth
Minneapolis Southwest
Minnehaha Academy
Moorhead
Osseo
Park Center
Robbinsdale Armstrong
Roseville
Sartell-St. Cloud Cathedral
Simley
Spring Lake Park
St Louis Park
St. Paul Highland Park
Stillwater
Tartan High
Washburn
White Bear Lake

SILVER Award Boys Teams

Bemidji
Blaine
Bloomington
Chanhassen and Chaska
Coon Rapids
Duluth
Edina HS
Henry Sibley
Holy Family Catholic
Lakeville South
Little Falls
Mesabi East Area Nordic
Mora High School
Mound Westonka
Mounds Park Academy
Prior Lake
Rogers
St. Paul Central
Wayzata
Willmar

GOLD Award Girls Teams

Bemidji
Blaine High School
Bloomington Nordic
Brainerd
Champlin Park
Chanhassen-Chaska
Coon Rapids
Duluth East
Eden Prairie
Edina HS
Elk River/Zimmerman
Ely Memorial
Grand Rapids
Henry Sibley
Holy Family Catholic
Irondale
Lakeville North
Lakeville South
Little Falls
Maple Grove
Marshall School, Duluth
Mesabi East Area
Minneapolis Southwest
Minnehaha Academy
Moorhead
Mora
Mound Westonka
Mounds Park Academy
Orono High School
Osseo
Park Center
Prior Lake
Robbinsdale Armstrong
Roseville
Sartell-St. Cloud Cathedral
Simley
St Louis Park
St. Paul Central
St. Paul Highland Park
Stillwater
Tartan
Washburn
Wayzata
White Bear Lake
Willmar

SILVER Award Girls Teams

Spring Lake Park

Boys All-State Academic

Cyrus Abrahamson - St Louis Park
Nat Alden - St. Paul Highland Park
Ben Aoki-Sherwood - Robbinsdale Armstrong
Lars Askegaard - Minnehaha Academy
Ian Boylan - St. Paul Highland Park
Tyler Burkum - Maple Grove
Henry Campbell - Marshall School, Duluth
Sam Chandler - Duluth East
Matthew Egger - Edina
Gabriel Ehlers-Nelson - Marshall School,
Duluth
Max Gifford - Minnehaha Academy
Michael Hamel - Osseo
Grant Hieptas - Stillwater
Jack Kachel - Roseville
Wilson Krueger - Mora
Dan Lee - Roseville
Andrew Lyon - Tartan
Samuel Meyer - Tartan
Alexander Nemeth - Sartell-St. Cloud
Cathedral
Joey Quick - Roseville
Charlie Reinhardt - Mound Westonka
Ben Renner - Brainerd
Eli Roll - Stillwater
Tryg Solberg - White Bear Lake
Aiden St. George - Eden Prairie
Spencer Swartz - Lakeville North
Aneesh Syal - Mounds Park Academy
Trym Wian - Robbinsdale Armstrong

Girls All-State Academic

Luci Anderson - Robbinsdale Armstrong
Mae Barnes - Robbinsdale Armstrong
Katarzyna Bednarski - Minneapolis Southwest
Cheresa Bouley - Elk River/Zimmerman
Emily Brockberg - White Bear Lake
Annica Carr - Elk River/Zimmerman
Katie Corbett - Little Falls
Isabel Demo - Lakeville North
Kate Dwyer - Minneapolis Southwest
Grace Erholtz - Brainerd
Dana Fried - St. Paul Central
Miranda Gilbertson - Chanhassen-Chaska
Salome Greene - Holy Family Catholic
Carolyn House - Wayzata
Lydia Jackels - Chanhassen-Chaska
Declan Ketchum - Marshall School, Duluth
Lauren Lachenmayer - Mound Westonka

Girls continued...

Sydney Lanning - Willmar
Claire Larson - White Bear Lake
Tessa Laska - South St. Paul
Gabby Law - Mounds Park Academy
Maddie Lawler - Edina
Paige Levendusky - Maple Grove
Stephanie Lewis - Blaine
Elizabeth Mattson - Park Center
Lauren McGillick - Lakeville North
Kate McGown - Mound Westonka
Alexis Mullen - Orono
Rachel Mummah - Park Center
Kenna Nguyen - Osseo
Ingrid O'Connor - Prior Lake
Mary Ostergren - St. Paul Central
Sarah Pollock - Bemidji
Kinley Prestegard - Bemidji
Allie Prokosch - Henry Sibley
Leah Rudd - Robbinsdale Armstrong
Samara Schladeraff - Grand Rapids
CeCe Schmelzle - St Louis Park
Erin Schneider - Holy Family Catholic
Leisl Schreiner - Edina
Olivia Schwintek - White Bear Lake
Cailyn Smith - Mora
Elizabeth Swenson - Lakeville North
Violet Tessier - Lakeville South
Briana Umana - Robbinsdale Armstrong
Elise Vomacka - Willmar
Emma Watson - Marshall School, Duluth
Molly Weberg - Duluth East
Claire Weissman - St. Paul Central
Kieran White - Henry Sibley
Audrey Whitman - Champlin Park